

FACIALS

| | | Senior Therapist | Improver Therapist |
|-----------------------|----------|---------------------|-----------------------|
| GUINOT | | | |
| HYDRADERMIE. | 1.15 hr. | £62.00 | Coming soon |
| EYE LOGIC. | 45 Mins. | £53.00 | Coming soon |
| HYDRA PLUS. | 1.5 hr. | £73.00 | Coming soon |
| AGE SUMMUM. | 1hr. | £76.00 | Coming soon |
| HYDRALIFT & LIFT MASK | 1.5 hr. | £82.00 | Coming soon |
| HYDRA PEELING. | 1hr. | £76.00 | Coming soon |
| EXPRESS FACIAL. | 45 Mins. | £36.00 | 28.00 |

MASSAGE

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| HEAD & SHOULDERS. | 25Mins. | £29.00 | 22.00 |
| LEG & FEET. | 1/2 hr. | £36.00 | 23.00 |
| INDIAN HEAD. | 1/2 hr. | £38.00 | 25.00 |
| BACK & SHOULDER. | 1/2 hr. | £38.00 | 25.00 |
| BACK,SHOULDER, SCALP. | 45 Mins. | £49.00 | 33.00 |
| FULL BODY & SCALP. | 1.15 hr. | £63.00 | 39.00 |
| FULL BODY, FACE, SCALP. | 1.5 hr. | £69.00 | 43.00 |
| BACK CLEANSE, MASSAGE, MASK. | 1hr. | £55.00 | 38.00 |
| MOTHER TO BE (Mini facial, mini pedicure, back massage) | 1.75 hr. | £75.00 | 51.00 |
| HOT STONE BACK, LEG MASSAGE. | 1hr. | £59.00 | 41.00 |
| HOT STONE BODY, SCALP MASSAGE. | 1.5 hr. | £76.00 | 47.00 |
| 'THAI POULTICE'BACK, LEG MASSAGE. | 1 hr. | £59.00 | 42.00 |
| 'THAI POULTICE' BODY, SCALP MASSAGE. | 1.5hr. | £76.00 | 47.00 |
| BRIGHTENING BACK, FACE, SCALP. (Back cleanse, exfoliation, hot mitts, massage. Followed by a skin brightening facial with a Glycolic mask) | 1.5 hr. | £78.00 | 47.00 |

HANDS & FEET

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| HANDS | | | |
| CUT & TIDY. | | £13.00 | 9.00 |
| CUT,FILE & POLISH. | | £22.00 | 15.00 |
| MANICURE. | | £29.00 | 23.00 |
| MANICURE WITH NO COLOUR. | | £25.00 | 19.00 |
| DELUXE MANICURE. | | £40.00 | 28.00 |
| DELUXE MANICURE NO COLOUR. | | £34.00 | 23.00 |
| SHELLAC MANICURE. | | £38.00 | 29.00 |
| SHELLAC APPLY & TIDY. | | £30.00 | 21.00 |
| FEET | | | |
| CUT & TIDY. | | £13.00 | 8.00 |
| CIT,FILE & POLISH. | | £22.00 | 15.00 |
| PEDICURE. | | £39.00 | 30.00 |
| PEDICURE NO COLOUR. | | £34.00 | 25.00 |
| DELUXE PEDICURE. | | £48.00 | 37.00 |
| DELUXE PEDICURE NO COLOUR. | | £44.00 | 32.00 |
| SHELLAC PEDICURE. | | £49.00 | 38.00 |
| SHELLAC APPLY & TIDY. | | £39.00 | 29.00 |
| SHELLAC REMOVAL ONLY. | | £14.00 | 14.00 |
| SHELLAC REMOVAL WITH TREATMENT | | £6.00 | 6.00 |
| HEATED MITTS WITH ANY TREATMENT. | | £5.00 | 5.00 |

COURSES OF TREATMENTS....

10% OFF - WHEN 3 TREATMENTS ARE BOOKED.

(VALID FOR 4 MONTHS. TREATMENTS MUST BE OF THE SAME DENOMINATION)

1 FREE TREATMENT WHEN YOU BOOK 5 TREATMENTS.

(VALID FOR 1 YEAR. TREATMENTS MUST BE OF THE SAME DENOMINATION)

(COURSES ARE NON REFUNDABLE.)

GIFT VOUCHERS.....AVAILABLE FROM £15 AND VALID FOR 6 MONTHS.

HAIR REMOVAL

| | Senior Therapist | Improver Therapist |
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| 1/2 LEG | £24.00 | 14.00 |
| 3/4 LEG | £26.00 | 17.0 |
| FULL LEG. | £31.00 | 23.00 |
| FULL LEG & PANT LINE. | £35.00 | 27.00 |
| FULL LEG & BIKINI. | £42.00 | 30.00 |
| UPPER LEG. | £26.00 | 15.00 |
| BIKINI. | £20.00 | 13.00 |
| BRAZILLIAN. | £29.00 | 19.00 |
| UNDER ARM. | £14.00 | 9.00 |
| BACK / CHEST. | £28.00 | 22.00 |
| FOREARM. | £19.00 | 13.00 |
| LIP or CHIN. | £8.00 | 6.00 |
| BROW. | £13.00 | 10.00 |
| LIP & CHIN. | £14.00 | 11.00 |
| LIP,CHIN & BROW. | £28.00 | 19.00 |
| FACE, CHEEKS, LIP,CHIN. | £30.00 | 21.00 |

EYES

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| BROW TINT. | £13.00 | 10.00 |
| LASH TINT. | £23.00 | 18.00 |
| LASH & BROW TINT. | £35.00 | 25.00 |
| LASH TINT, BROW TINT, BROW SHAPE. | £46.00 | 30.00 |
| LASH LIFT. | £49.00 | 38.00 |
| Includes lash tint, hand massage. | | |

TANNING- ST TROPEZ

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| FULL BODY, THE ORIGINAL METHOD. | £48.00 | 35.00 |
| APPLICATION ONLY. | £30.00 | 25.00 |

MAKE UP - JANE IREDALE MINERAL COSMETICS

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| EXPRESS DAY MAKE UP. | £33.00 | 25.00 |
| SPECIAL OCCASION MAKE UP. | £45.00 | 33.00 |
| BRIDAL TRIAL & DAY MAKE UP. | £120.00 | 95.00 |
| (We can come to the venue £55.00 (£30 if in Milford On Sea) | | |

NEW TREATMENT.

£57.00 —

DERMAPLANING is a painless procedure where dead skin are Manually scraped away, providing immediate results. A highly Highly effective treatment that removes three weeks' worth of Dead skin cells, vellus hair, old ingrained makeup, blocked pores Fine lines and pigmentation.

DERMAPLANING is a complete facial treatment that tricks the Skin into thinking it has an injury and therefore starts to heal Heal itself resulting in a fresh, renewed, plumped appearance.

BENEFITS

Reduces appearance of acne scars, hyperpigmentation, Surface wrinkling.
 Removes the fluffy vellus hair on the face and neck.
 Assists in the reduction of blocked pores and milia.
 Reduces the appearance of open pores.
 Even sensitive skin types can have this treatment.
 Allows skincare products to penetrate at a deeper level.
 No down time.

DISCOUNTS....

NHS & OVER 65's

TO RECEIVE 10% ON WEDNESDAYS (IDENTIFICATION REQUIRED)

STUDENTS

TO RECEIVE 20% ALL WEEK.

OFFERS....

TO RECEIVE REGULAR OFFERS & E NEWS SIGN UP TO OUR NEWSLETTER BY GOING TO OUR WEBSITE , WWW.RETREAT-MILFORD.CO.UK.

LOYALTY CARD & REFER A FRIEND CARD..

PLEASE ASK AT RECEPTION FOR FURTHER DETAILS.

